

**SIMON FRASER UNIVERSITY
SUMMER SEMESTER 2004**

**EDUC 459-4
INSTRUCTIONAL ACTIVITIES IN PHYSICAL
EDUCATION
(D03.00)**

DARLENE VISSERS

TUESDAY 12:00-15:50 E105 (GYM)
ABBOTSFORD (UCFV)

PREREQUISITE: EDUC 401/402

DESCRIPTION

This course focuses on (K-10) physical education with an emphasis on elementary and middle school PE programs. Discussions and activities will blend theory (movement education orientation) and practice (practical ideas) as they relate to the movement components of the British Columbia I.R.P. with an emphasis on three components (Games, Gymnastics, Dance). We will explore personal past physical education experiences and develop a philosophical belief statement that will guide future physical education instruction. There is an emphasis on inclusion, variety, choice, participation and attitude that fosters a desire for lifelong physical activity.

You may be required to meet attend class in various locations (schools around the Abbotsford district) as well as at the UCFV Abbotsford gym.

Assignments

Memories of a "Movement Experience"

- Peer Teaching
- Participation, readings and in-class work
- Curriculum Exploration and Resource Compilation

Required Text

British Columbia Ministry of Education. Integrated Resource Package: Physical Education K-7, 8-10 & 11 & 12. Victoria, BC: Author. [Available on-line at <http://www.bced.gov.bc.ca/irp/>]

Recommended Readings

Kirchner, G. & Fishburne, G.J. (1998) Physical Education for Elementary School Children with Lesson Plans and Powerweb: Health and Human Performance, 10th ed. WCB/McGraw Hill: Boston, Mass.

*****Please note that this is a draft outline and changes may occur*****